

Mastering Career Renewal at Mid-Life

By the time most Baby Boomers retire, they will have had a career that spanned over 40 years, will have worked for at least 10 employers, and will have likely performed 3-5 different occupations during that time. If you are now in your 50s and wonder what kinds of job opportunities will be available to you until you retire—or what kind of work you would like to do in post-retirement years—this seminar can help you navigate those career transitions. Through interactive classroom discussions, video presentations and lectures, you will complete a Career-Skills Inventory, engage in exercises to design your future work-life and lifestyle, and chart a Career Action Plan that will serve as your roadmap. You will leave this seminar with a renewed plan for your current career path, and practical strategies to reinvent yourself for a new and more fulfilling career over the next 20+ years.

Seminar highlights

- » Reimagining your future work-life and lifestyle
- » Repackaging of your resume
- » Job search strategies
- » Individual reflection

Featured Presenter

John Mattson, M.Ed., Director of the Graduate Career Development Center at the A. Gary Anderson Graduate School of Management, UCR School of Business. For the past 30 years, he has served in similar roles at The Actors Fund in Los Angeles, The Wharton School's Executive MBA Program, Boston University's Questrom School of Business, and The Fletcher School at Tufts University, where he received a Master's degree in Counseling. Mr. Mattson also provides career transition coaching to numerous clients seeking to re-energize and reinvent meaningful career paths for their future.

Date: Saturday, October 7, 2017

Time: 9 a.m.–4 p.m.

Registration Fees:

(Includes parking, light a.m. and p.m. snacks and refreshments. Lunch on own)

UCR Osher member:

\$45 with Member ID

Section: 172-CCS-405

Non-Osher member: \$65

Section: 172-CCS-406

UCR Extension Center

1200 University Avenue
Riverside

To reserve your seat,
call (951) 827-4105
or (760) 834-0997 or go to
www.extension.ucr.edu.